



DAILY ILLNESS SELF-SCREENING CHECKLIST

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Employees and parents/guardians of students will be required to self-screen daily for symptoms of illness before entering district property or using district transportation (employees self-screen, parents/guardians screen their children). This Self-Screening Checklist should be used to determine whether there is a risk for potential illness or exposure to COVID-19. ***If an employee or student has any of the following symptoms or COVID-19 exposure within the past 14 days, they should stay home and report their absence and symptoms to the school or appropriate supervisor, and contact their healthcare provider as necessary.***

COVID-19 Diagnosis / Close Contact / Potential Exposure (within the past 14 days)

- Employee, student, or someone in their household has been diagnosed with COVID-19
- Employee or student has had close contact (within 6 feet for 15 cumulative minutes) with a person who has COVID-19
- Employee or student has been asked to isolate or quarantine at home by a medical professional or a local public health department
- Employee or student has a *household member* who has been in close contact (within 6ft for at least 15 cumulative minutes) with a person who has COVID-19, and the household member now has primary COVID-19 symptoms of illness

Primary Symptoms of COVID-19

- Fever (temperature of 100.4°F or higher)
- A new cough that has not been diagnosed or cleared by a healthcare provider
- Unexplained shortness of breath
- New loss of taste or smell
- Chills
- Difficulty Breathing

Additional Excludable Symptoms of illness

- Vomiting
- Diarrhea
- Undiagnosed rash or sores

*For information about exclusion see the Oregon Department of Education and the Oregon Health Authority guides: [COVID-19 Exclusion Summary Guidance for K-12 School](#), [Planning for COVID-19 Scenarios in Schools](#), [ODE/OHA Communicable Disease Guidance for the School Setting](#)