

Portland Public Schools  
Report to ODE on Physical Restraints and Seclusions for 2015-2016

Total number of incidents involving physical restraint.....	2,641
Total number of incidents involving seclusion .....	4
Total number of seclusions in a locked room .....	0
Total number of students placed in physical restraint .....	285
Total number of students placed in seclusion .....	3
Total number of incidents that resulted in injuries or death to students a result of the use of physical restraint or seclusion .....	16
(There were no deaths of students due to restraint or seclusion in 2015-16.)	
Total number of incidents that resulted in injuries or death to personnel a result of the use of physical restraint or seclusion .....	55
(There were no deaths of staff due to restraint or seclusion in 2015-16.)	
Number of students who were placed in physical restraint or seclusion more than 10 times in the course of the school year .....	68
Number of incidents in which the personnel of administering physical restraint or seclusion were trained.....	2,549
Number of incidents in which the personnel of administering physical restraint or seclusion were not trained .....	92

Demographic characteristics of students upon whom physical restraint or seclusion was imposed

Total students by race	Total students by migrant status
Asian..... 1	Yes migrant ..... 2
Black.....57	<u>Not migrant..... 286</u>
Hispanic.....43	Total ..... 288
Multi-racial.....45	Total students by ELL status
Native American.....4	Yes ELL ..... 17
Pacific Islander .....0	<u>Not ELL..... 271</u>
<u>White..... 138</u>	Total ..... 288
Total .....288	Total students by economically disadvantaged status
Total students by gender	Yes economically disadvantaged ..... 202
Female.....31	<u>Not economically disadvantaged ..... 86</u>
<u>Male ..... 251</u>	Total ..... 288
Total .....288	
Total students by special education status	
Yes SpEd ..... 249	
<u>Not SpEd.....39</u>	
Total .....288	

Steps taken to decrease the use of physical restraint and seclusion for students with more than 10 incidents of physical restraint or seclusion (by school):

**School #1**

Offered options  
Offered quiet space  
Offered sensory tools/Calming Techniques  
Planned ignoring  
Reduced demands  
Talked 1:1  
Used verbal redirection

**School #2**

Offered sensory tools/Calming Techniques  
Verbal redirection  
Planned ignoring  
Offered options  
Changed environment  
1:1 with staff

**School #3**

Offered options  
Offered quiet space  
Offered sensory tools/Calming Techniques  
Planned ignoring  
Reduced demands  
Talked 1:1  
Used verbal redirection  
Offered Snack

**School #4**

FBA/BSP  
Changed environment  
Offered options  
Offered quiet space  
Offered sensory tools/Calming Techniques  
Planned ignoring  
Reduced demands  
Talked 1:1  
Used verbal redirection

**School #5**

Offered options  
Review/Revise FBA/BSP  
Change Environment  
Offered quiet space  
IEP Revision  
Offered sensory tools/Calming Techniques  
Planned ignoring  
Reduced demands  
Talked 1:1  
Used verbal redirection  
Extra Support Staff

**School #6**

Offered options  
Review/Revise FBA/BSP  
Change Environment  
Staff Switch  
Offered quiet space  
Offered sensory tools/Calming Techniques  
Planned ignoring  
Reduced demands  
Talked 1:1  
Used verbal redirection  
IEP Revision  
Extra Support Staff  
Offered Snack

**School #7**

Offered options  
Offered Snack  
Change Environment  
Offered quiet space  
Offered sensory tools/Calming Techniques  
Planned ignoring  
Reduced demands  
Talked 1:1  
Used verbal redirection

**School #8**

Offered options  
Review/Revise FBA/BSP  
Change Environment  
Offered quiet space  
IEP Revision  
Offered sensory tools/Calming Techniques  
Consult with outside providers  
Evaluation planning meeting  
Planned ignoring  
Reduced demands  
Talked 1:1  
Used verbal redirection

**School #9**

Offered options  
Review/Revise FBA/BSP  
Offered quiet space  
Offered sensory tools/Calming Techniques  
Planned ignoring  
Reduced demands  
Talked 1:1  
Used verbal redirection