

Portland Public Schools
Report to ODE on Physical Restraints and Seclusions for 2016-2017

Total number of incidents involving physical restraint.....	2,479
Total number of incidents involving seclusion	26
Total number of seclusions in a locked room	0
Total number of students placed in physical restraint	280
Total number of students placed in seclusion	17
Total number of incidents that resulted in injuries or death to students a result of the use of physical restraint or seclusion	7
(There were no deaths of students due to restraint or seclusion in 2016-17.)	
Total number of incidents that resulted in injuries or death to personnel a result of the use of physical restraint or seclusion	16
(There were no deaths of staff due to restraint or seclusion in 2016-17.)	
Number of students who were placed in physical restraint or seclusion more than 10 times in the course of the school year	67
Number of incidents in which the personnel of administering physical restraint or seclusion were trained.....	2,315
Number of incidents in which the personnel of administering physical restraint or seclusion were not trained	164

Demographic characteristics of students upon whom physical restraint or seclusion was imposed

Total students by race		Total students by migrant status	
Asian.....	<5%	Yes migrant	<5%
Black.....	62	<u>Not migrant.....</u>	<u>>95%</u>
Hispanic.....	44	Total	280
Multi-racial (all others)	48	Total students by ELL status	
Multi-racial (Asian/White) ..	<5%	Yes ELL	<5%
Native American.....	<5%	<u>Not ELL.....</u>	<u>>95%</u>
Pacific Islander	<5%	Total	280
<u>White.....</u>	<u>116</u>	Total students by economically disadvantaged status	
Total	280	Yes economically disadvantaged	188
Total students by gender		<u>Not economically disadvantaged</u>	<u>92</u>
Female.....	41	Total	280
<u>Male</u>	<u>239</u>	Total students by special education status	
Total	280	Yes SpEd	224
Total students by special education status		<u>Not SpEd.....</u>	<u>56</u>
Yes SpEd	224	Total	280
<u>Not SpEd.....</u>	<u>56</u>		
Total	280		

Steps taken to decrease the use of physical restraint and seclusion for students with more than 10 incidents of physical restraint or seclusion (by school):

School #1

Changed environment
Offered options
Offered sensory tools, calming techniques
Offered snack
Offered/Went for walk
Planned ignoring
Reduced Demands
Talked 1-1
Staff switch

School #2

Pre-teach expectations
Changed environment
Offered options
Social Story
Offered quiet space
Offered sensory tools, calming techniques
Revise FBA/BSP
Offered snack
Practice calming strategies
Positive Praise
Offered / Went for walk
Therapist check-in
Planned Ignoring
Reduced Demands
Talked 1-1
Verbal redirection
Staff switch

School #3

Offered options
Offered quiet space
Offered / Went for walk
Planned Ignoring
Reduced Demands
Talked 1-1
Verbal redirection
Staff switch

School #4

Changed environment
Offered / went for a walk
Talked 1-1
Staff switch
Offered sensory tools, calming techniques
Reduced Demands
Verbal redirection

School #5

Changed environment
Offered options
Offered sensory tools, calming techniques
Offered snack
Planned ignoring
Reduced Demands
Talked 1-1
Staff switch
Verbal redirection

School #6

Reduced demands
Talked 1-1
Verbal redirection
Proxemics
Changed environment
Offered options
Offered quiet space
Offered sensory tools, calming techniques
Offered / went for a walk
Staff switch
Planned ignoring
Offered snack
Offer break before returning to class

School #7

Prevention Discussion/Practice
Changed environment
Offered options
Social Story
Offered quiet space
Offered sensory tools, calming techniques
Revise FBA/BSP
Practice calming strategies
Positive Praise
Offered / Went for walk
Planned Ignoring
Reduced Demands
Talked 1-1
Verbal redirection
Staff switch
Two adults present

School #8

Changed environment
Offered options
Offered quiet space
Planned ignoring
Talked 1-1
Staff switch
Offered sensory tools, calming techniques
Offered snack
Offered / went for a walk
Planned ignoring
Reduced Demands
Verbal redirection

School #9

Changed environment
Offered options
Offered quiet space
Planned ignoring
Talked 1-1
Staff switch
Offered sensory tools, calming techniques
Offered snack
Offered / went for a walk
Planned ignoring
Reduced Demands
Verbal redirection